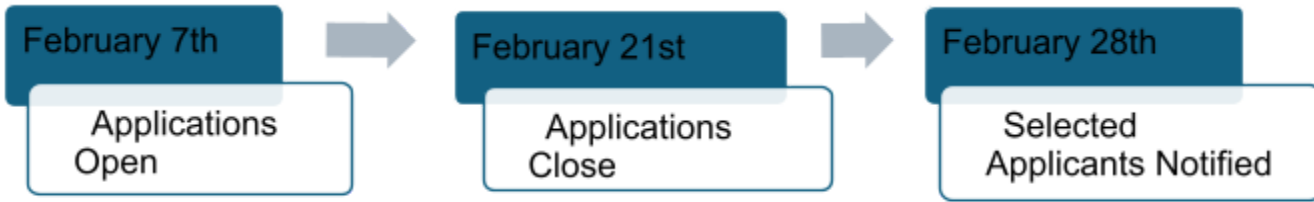


Calm HOMES Participant Pathway



Week 1 March 17th 6 - 7:30pm	Program Orientation + Workshop #1 - "Intro to Decluttering " <i>In-Person Group Session - 90 minutes</i>
Week 2 March 23rd - 29th	Home Session #1 <i>In-Person Family and Volunteer Support - 60 minutes</i>
Week 3 March 31st 7:30 - 9pm	Workshop #2 "All About Cleaning" + Group Connection <i>Virtual Group Session - 90 minutes</i>
Week 4 April 6th - 12th	Home Session #2 <i>In-Person Family and Volunteer Support - 60 minutes</i>
Week 5 April 14th 7:30-9pm	Workshop #3 "Family Dynamics and Child Cleaning Champions" + Group Connection <i>Virtual Group Session - 90 minutes</i>
Week 6 April 20th - 26th	Home Session #3 + Junk Removal <i>In-Person Family and Volunteer Support - 60 minutes</i>
Week 7 April 28th 7:30-9pm	Workshop #4 "Organization Basics" + Group Connection <i>Virtual Group Session - 90 minutes</i>
Week 8 May 4th - 10th	Home Session #4 <i>In-Person Family and Volunteer Support - 60 minutes</i>
Week 9 May 12th 7:30-9pm	Workshop #5 "Planning for the Future" + Group Connection <i>Virtual Group Session - 90 minutes</i>
Week 10/11 May 18th - 25th May 26th 6-7:30pm	Final Home Session (<i>In-Person - 60 min</i>) Graduation Celebration (<i>In-Person - 90 min</i>)

Individual and Family Mental Health Support Counselling Sessions Available